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A Sweetheart's Gesture of Love Becomes a New Book with a Journey for Everyone

Ferndale, MI -- What started out as a Christmas gift from her sweetheart has blossomed into a beautiful book, *"The Blissstory Journal"* which has become an instant hit for the holiday gift giving season. In 2005 Teri Williams was given a jar of questions, a journal and a pen by her husband Jeff who asked her to share her thoughts and experiences with him. On Sweetest Day, she gave him the gift of herself, that journal filled with memories and ideas prompted from the interesting questions he had given her, as well as a whole new set of questions. Friends and neighbors saw the journal and wanted one. *"Blissstory"* was born.

"The Blissstory Journal" has room to write in the answers to 365 diverse questions from "What magazines did you have around the house growing up?" and "When you wake in the morning, what is the first thought that usually crosses your mind?" to "Describe a scent that brings you back to your childhood" and "List the content of your purse or wallet" with the last page, "What does bliss mean to you?"

"It's really a gift of love and learning; what I learn about the people that answer the questions is beyond anything I hear over a cup of coffee," said Teri. "The questions actually encourage people to share themselves, good, bad or indifferent. My friend Alice shared an incredible life changing memory from her childhood that had me in tears. It's a great tool for the beginnings of a memoir or a living legacy for our children."

The response has been overwhelming and people are finding different ways of using the book, including turning it into a game when family comes to visit. A children's edition is in the works and a women's edition, *The Sisstory Journal*, is available now!

This insightful, revealing and very affordable book is a perfect holiday gift for anyone, especially those out of town. *"The Blissstory Journal"*, sold internationally, is \$13 each or 10 for \$100, plus shipping, anywhere in world and can be ordered at theblissnetwork.com.

For more information, contact Teri Williams, Bliss Ambassador at teri@theblissnetwork.com or call 248-219-6200.